

# Did you know....

Purdue Calumet's Fitness Center hosts two special walking/running events each year?

## THE FALL FROLIC



4-Mile Run and 1.5-Mile Fitness Walk is held on the second Sunday in November each year.

## THE SPRING FLING



5K Ramp Walk/Run is held on the last Saturday in April.

For more information on these two events contact the FITNESS CENTER STAFF

**219-989-2175**

or 1-800-HI-PURDUE, ext. 2175  
*(Toll free in northwest Indiana and Chicagoland area)  
an equal access/equal opportunity university*

**PURDUE**  
UNIVERSITY

CALUMET

HAMMOND, INDIANA

1-800-HI-PURDUE, ext. 2175

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Purdue University Calumet  
**FITNESS CENTER**

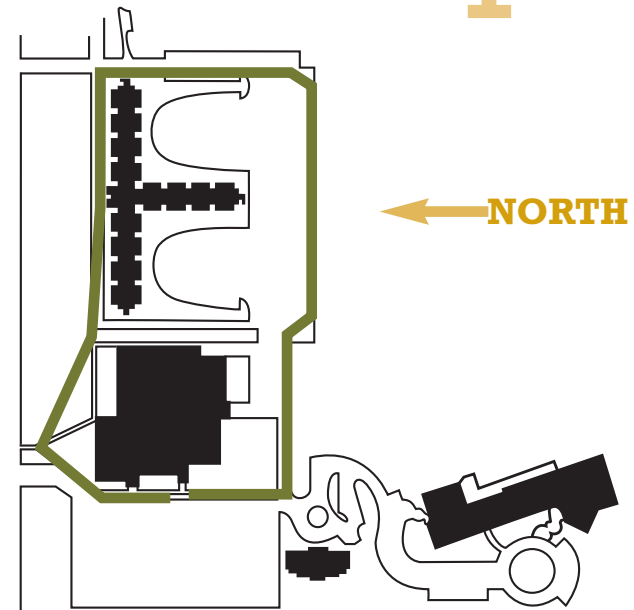
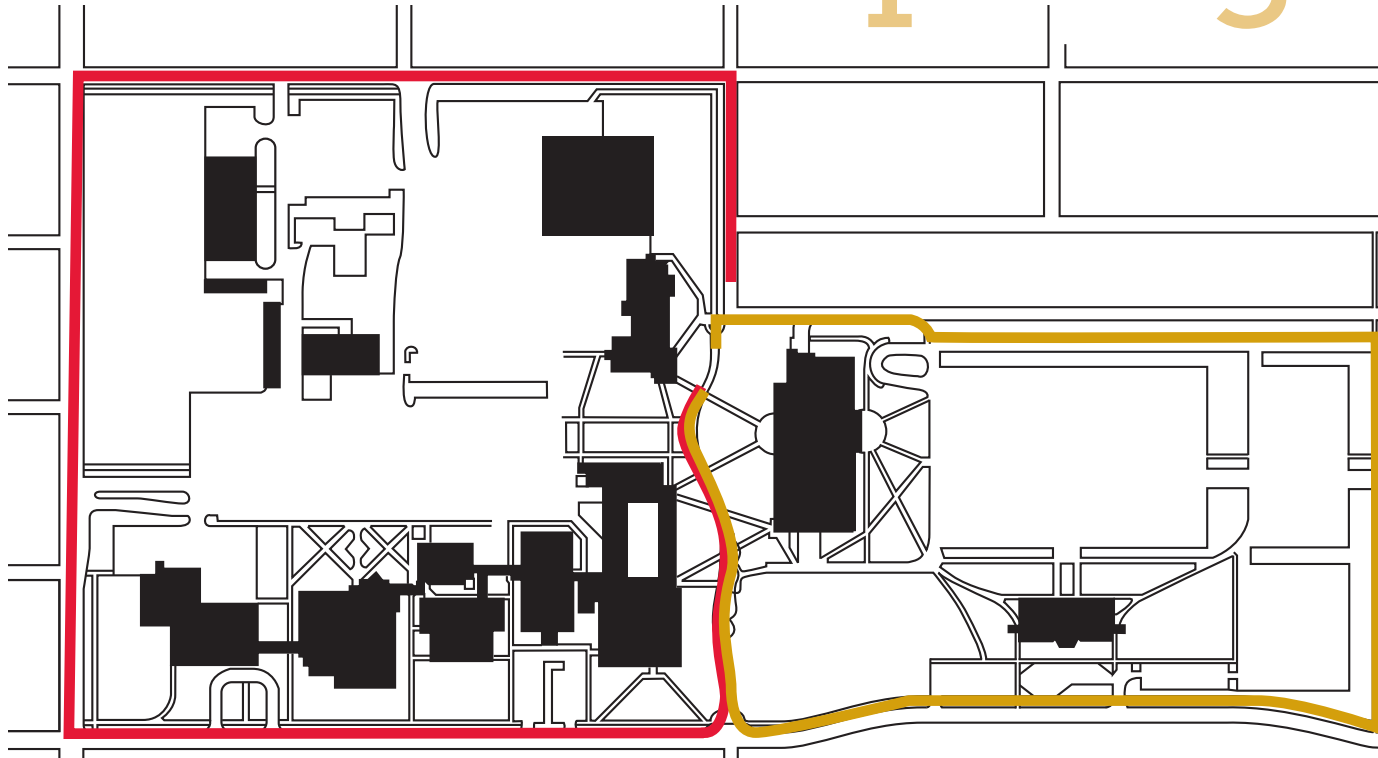
shoot loops  
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## Three Paths for Outdoor Walking/Jogging

- The North Campus Loop (1-mile)
- The South Campus Loop (3/4-mile)
- The Fitness & Recreation Center—The University Village Loop (1/2-mile)



# peregrine loops



## peregrine loop

### #1 THE NORTH CAMPUS LOOP (1-mile)

#### DIRECTIONS

1. START: campus walkway between the Student Union & Library and Gyte by emergency phone #106.
2. Take walkway west to sidewalk paralleling Woodmar Avenue Turn right (go north).
3. Follow sidewalk to sidewalk paralleling 169th street. Turn right (go east).
4. Continue on sidewalk go past stoplight entrance to campus continue on grass (sidewalk ends) to sidewalk paralleling Wicker Avenue. Turn right (go south).
5. Walk south on sidewalk to campus walkway.
6. Turn right (go west) to start/end point-emergency phone # 106.

## peregrine loop

### #2 THE SOUTH CAMPUS LOOP (3/4-mile)

#### DIRECTIONS

1. START: campus walkway between Student Union & Library and Gyte by emergency phone #106.
2. Take walkway west to sidewalk paralleling Woodmar Avenue. Turn left (go south).
3. Follow sidewalk to sidewalk paralleling 173rd Street. Turn left (go east).
4. Continue on sidewalk to side road (first road past stop light entrance). Turn left (go north).
5. Walk north on side road to right turn path leading to alley (just before circle drive). Use alley to get to campus walkway.
6. Turn left (go west). Walk back to starting point-emergency phone #106.

## peregrine loop

### #3 THE FITNESS & RECREATION CENTER / THE UNIVERSITY VILLAGE LOOP (1/2-mile)

#### DIRECTIONS

1. START: first pole (S-5) outside SW entrance to Fitness & Recreation Center.
2. Talk sidewalk (go north) to sidewalk paralleling 173rd street.
3. Turn right (go east) across parking lot to sidewalk on east side of parking lot.
4. Turn right (go south) to end of sidewalk then continue walking around perimeter to south end of parking lot.
5. Turn right (go west) along perimeter of parking lot to sidewalk paralleling west side of Fitness & Recreation Center.
6. Turn right (go north) on sidewalk to starting point.